

20- Experiments have indicated that fewer work hours more likely result in

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|---------------------------|---------------------|
| a. shorter sleep duration | b. more sleep hours |
| c. sleeping deeply | d. going to be late |

PASSAGE FIVE:

Secondhand smoke is often unavoidable. Secondhand smoke, also known as environmental tobacco smoke, passive smoking, involuntary smoking, is two different forms of smoke from cigarettes, pipes or cigars. Regardless of what you call it, both types of secondhand smoke contain a lot of harmful chemicals; tobacco smoke contains more than 4000 chemical compounds, over 250 of which are toxic. More than 50 of the chemicals in cigarette smoke are known or suspected to cause cancer.

High in toxic chemicals, secondhand smoke causes or contributes to a number of health problems, from cardiovascular disease to cancer. The Surgeon General reported in 2006 that scientific evidence shows there is no safe level of exposure to secondhand smoke. Breathing in the dangerous particles in secondhand smoke, which linger for hours, even for 20 or 30 minutes can harm you in a variety of ways, while over years it can be much more dangerous.

Regarding younger generations, infants and children, who are still developing physically and generally and have higher breathing rates, are more vulnerable to secondhand smoke than adults. If you take your children to a child care provider, choose one with a no-smoking policy.

21- Secondhand smoke, whatever the type,

- a. includes over 250 cancer-causing chemicals
- b. is a result of environmental pollutants
- c. has safe levels of exposure
- d. contains many toxic chemicals

22- According to the text, documented data reveals

- a. evidence confirming secondhand smoke causes cancer
- b. toxic chemicals breathed in over years cause passive smoking
- c. children breathe in less secondhand smoke than adults
- d. any level of secondhand smoke could be unsafe

23- Secondhand smoke contains dangerous particles that

- a. have two hundred and fifty varieties
- b. are breathed in by children who are less vulnerable
- c. have dangerous short and long term consequences
- d. float around in the surrounding environment for 20-30 minutes

24- Infants, the text states, secondhand smoke.

- a. compared to adults inhale less
- b. compared to children are more sensitive to
- c. because of their less-developed lungs are capable of avoiding
- d. due to their faster breathing rates, are more susceptible to

25- To protect your children against secondhand smoke

- a. you should put them in day care establishments
- b. check and choose a daycare where smoking is prohibited
- c. make sure the day care manager is a non smoker
- d. implement a no-smoking policy at the day care center

Part two: Vocabulary

Directions: Choose the one word or phrase which best completes the sentence.

26- Heart failure occurs when the heart is unable to maintain sufficient cardiac for the body's needs.

- a. effort
- b. output
- c. secretion
- d. motion

27- A tumor can be destroyed by radiotherapy or chemotherapy if it cannot be completely removed or by surgery.

- a. approved
- b. alleviated
- c. isolated
- d. excised